# FALL 2019 "SoLaw"

# Adult Competitive/Instructional

# Drills: August 19- September 22<sup>nd</sup>



\*We will host a "Final Friday" Mixed Doubles Social from 6:00-8:00pm the first Friday of each month. For details contact Daryl (<u>DGreenstreet@genesishealthclubs.com</u>) or at 785.749.6762.

\*Cardio Triples Tournament: Friday, Sept 13<sup>th</sup>. Cost is \$10 per member, \$15 for non-member. Sign up as an individual or as a "Triples Team"

\*We will use a player's USTA Ratings for drills or Tennis Director/Adult Director approval. Our goal is fun, safe and competitive drills for all players participating.

# EXTREME CARDIO TENNIS -

Mondays 7:00 – 8:00pm, Wednesdays 7:30 – 8:30pm, Saturdays 9:00 – 10:00am.
Cost: Members: \$16/class, 10 pack of classes/\$130, 20 pack of classes/\$220
Non-member pricing: \$16/class + \$5 guest fee

#### Women's 4.0 Drill

Tuesdays 6:30 – 8:00pm.
Cost is \$120 for the 5-week session for members, \$145 for non-members

#### Men's 3.0 Men's Dynamic Drills

• Tuesdays 8:00 – 9:00pm Cost is \$80 for the 5-Week session for members, \$105 for non-members

#### WOMENS 3.0 Dynamic Tennis Drill-

Wednesdays 6:00 – 7:30pm
Cost is \$120.00 for the 5-week session for members, \$145 for non-members

# Thursdays Men's 4.0 Dynamic Tennis Drill –

6:00 – 7:00pm
Cost is \$80.00 for the 5-week session for members, \$105 for non-members

# <u> Thursdays Mixed 3.0 Doubles Drill –</u>

7:00 – 8:00pm
Cost is \$80.00 for the 5-week session for members, \$105 for non-members.

# Thursdays 2.0 - 2.5 Instructional/Play Drill -

7:00 – 8:00pm
Cost is \$80.00 for the 5-week session for members, \$105 for non-members.

# \*\*\*\*\*NEW DRILL: SATURDAYS 10:00 – 11:30am: 3.0 – 4.0 Competitive/Situational Doubles Drill

• Cost is \$100.00 for the session for members, \$125.00 for non-members. .

Tennis Leagues, USTA Team Practices or Play with the Pro Doubles: Contact Daryl Greenstreet at DGreenstreet@genesishealthclubs.com or at 785.749.6762.